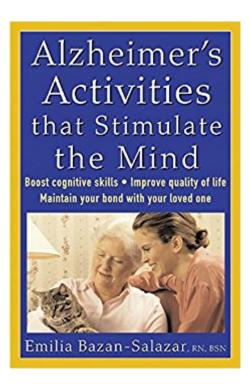
## The book was found

# Alzheimer's Activities That Stimulate The Mind





# Synopsis

Based on its author's four-year study and 15 years of experience in Alzheimer's and dementia-related care, Alzheimer's Activities That Stimulate the Mind is the only book offering exercises appropriate to each of the four stages of the disease. It features hundreds of exercises across an array of areas and disciplines, including arts and crafts, community outings, physical activity, religion and spirituality, grooming, gardening, music, and many more.

## **Book Information**

File Size: 2194 KB

Print Length: 240 pages

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: McGraw-Hill Education; 1 edition (March 21, 2005)

Publication Date: March 21, 2005

Sold by: A Digital Services LLC

Language: English

ASIN: B0010I2QUO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,049,238 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #387 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #860 in Books > Health, Fitness & Dieting > Mental Health > Dementia #1057 in Books > Self-Help > Memory Improvement

### Customer Reviews

I sent this book back, it could encourage unproductive activity situations. Although there are some good activities mentioned in this book, most of the activities outlined either simply don't work or are, at worst, counter productive for Alzheimer's persons. The author, who appears to lack knowledge of dementia and activities (she is a nurse not a RT) should become acquainted with Reisberg's 7 Stages of Alzheimer's or Johnson and Johnson's Alzheimer's as a 'trip back in time' article (American J. of Alzheimer's Disease, April, 2000). Just because a person works at a facility which cares for demented persons does not mean she knows what she is talking about. I wonder if this

person has a degree in Gerontological Nursing or Gerontology? This author ill-advises readers to use activities that aid in "reality orientation" or "24 hour reality orientation" for a person with dementia. That idea is so dated and counter-productive it is ridiculous. The requirement for 24 hour reality orientation in nursing facilities is currently being either changed or questioned by most gerontologists. For example, the trend is for changes in the 24 hour RO requirement written into the policy and procedures for dedicated dementia wings or for nursing facilies (since they are running over 60 percent dementia), where the Activity Director validates the Alzheimer's person's delusions. Why? Because RO simply doesn't work or delievers a bad message for most demented persons. Unlike depression or delirium, demented persons have lost their abilities to think, remember and reason. So instead person-centered activities are the trend, where the activity accomopanies the AD person on his or her "trip back in time" instead of imposing your reality on the different reality of the AD person.

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